Execution

5

Strong Technique Clean Synchronization High Energy Strong Performance Skills 4.6 - 5.0 Constantly 3.6 - 4.5 Frequently 2.6 - 3.5 Sometimes 1.6 - 2.5 Rarely 0.0 - 1.5 Seldom

Comments:

Routine Design

5

5

Smooth Transitions Clean and Varied Formations Appropriate Use of Performers Engaging Choreography / Use of Props (optional) 4.6 - 5.0 Constantly 3.6 - 4.5 Frequently 2.6 - 3.5 Sometimes

1.6 - 2.5 Rarely 0.0 - 1.5 Seldom

Comments:

Communication
(of performers on the
mat ONLY)

Spectators/Non-Performing Team Members/Coaches are encouraged to participate in "call and response" cheers as the "response" to the performers on the floor, but these individuals on the sidelines and in the stands are to refrain from cheering alongside those performing during cheer portions.

Engaging Performance 3.6 - 5.0 Constantly Spirit 3.6 - 4.5 Frequently 2.6 - 3.5 Sometimes Showmanship 1.6 - 2.5 Rarely Sportsmanship 0.0 - 1.5 Seldom

Comments: