

VARSITY CHEER PRELIMINARY ROUND

OCTOBER 21, 2023 - NORTH CENTRAL HS (INDIANAPOLIS)

All Varsity teams will compete in a preliminary round to determine the State Finalist teams. Advancing teams will compete at the State Finals to determine State Champions, with no scores carrying over from Prelims.

State Finalists will be named in each Varsity Division (A, B, C or D based on enrollment) and a Coed Division.

Participation awards are presented to those not advancing to the State Finals.

Teams advancing to the State Finals will receive State Finalist ribbons.

JUNIOR HIGH / JUNIOR VARSITY

OCTOBER 28, 2023 - NORTH CENTRAL HS (INDIANAPOLIS)

The Junior High and Junior Varsity competition is a one-day event.

Each group will compete once for awards. First, Second & Third Place will be named in each division. The Junior High Time-Out Division will also be held this day with teams competing once for awards.

VARSITY STATE FINALS

NOVEMBER 4, 2023 - NEW CASTLE HS

State Finalist teams compete to determine State Champions, with no scores carried over from Prelims.

The High School Time-Out Division State Finalists will perform live for state placement awards.

The Individual All-State Team will perform an exhibition prior to the State Finals awards ceremony.

JUNIOR HIGH AND HIGH SCHOOL TIME-OUT

JUNIOR HIGH - OCTOBER 28, 2023 - NORTH CENTRAL HS (INDIANAPOLIS)
HIGH SCHOOL - NOVEMBER 4, 2023 - NEW CASTLE HS

(PRELIMINARY VIDEOS FOR HS TIME-OUT ONLY DUE OCTOBER 8, 2023)

Time-Out Division teams compete independently from the other teams in a unique division that is designed to recognize teams who are excelling at, and improving their skills in leading and communicating with a crowd.

Limited stunting and tumbling skills are permitted.

Individuals may be on a Time-Out team roster as well as a traditional team roster.







SAFETY:

- 1. All schools competing in the Indiana Cheer Championship must have at least 1 coach view the Rules Update Session video recording.
- 2. All team and individual routines must comply with the 2023 2024 National Federation of High School Association (NFHS) Rules.
- 3. In addition to the NFHS Rules, squads competing in Junior High divisions are prohibited from performing all tosses in accordance with published updated cheerleading rules from USA Cheer Cheerleading Safety Manual
- 4. Coaches must be familiar with all NFHS Spirit Rules.

ELIGIBILITY:

- 1. Participating schools must be a paid member of the IASP Department of Student Programs.
- 2. Each cheerleader must be an active member in good standing of the school he/she represents, and be a full Fall/Winter season 2023-2024 cheerleader for a school sports team (football, basketball, volleyball, etc.) When the cheer coach and the principal sign the entry form, they are each verifying this requirement. One game does not constitute a full season.
- 3. The coach must register each team member through an online roster form to be posted at www.iasp.org. Coaches must register any squad members that might compete, including alternates, when submitting the team roster. Any squad member who is considered to be an alternate by the coach, per eligibilty rules, may still only be on one team roster (i.e. A squad member may *not* be a listed as a competing member on a JV team and also as an alternate of a Varsity team).
- 4. A cheerleader can be on the roster for ONLY 1 team, with the exception of a cheerleader on a Time-Out team, who is also a member of a Junior High, Junior Varsity or Varsity team. If after the roster submission deadline, a coach would need a cheerleader to compete on a 2nd team (i.e. a JV cheerleader filling a hole on a Varsity squad), the coach must submit that request to Chris Hammer via email at chammer@iasp.org. Each request will be considered on an individual basis. Changes/additions will NOT be accepted the day of competition.
- 5. Varsity squads who qualify for the State Finals must compete with the same roster as the Preliminary Round, unless a roster change has been approved by the IASP office prior to the event. Changes must be submitted to Chris Hammer via email at chammer@iasp.org, and will be considered on an individual basis. Changes to the group of participants on the floor may be made, but only those on the initial roster would be eligible to be added to the floor for the State Finals.
- 6. Squads from a single school may be combined; however, squads who combine must compete in the higher division. For example, a Freshman squad and Junior Varsity squad that combine must compete in the Junior Varsity division. Squads may NOT combine across multiple schools/buildings (i.e. 2 middle schools that feed into the same high school).
- 7. Performance order for the Varsity Prelims and the JH/JV competitions is done by random draw. If there is a same-day scheduling conflict, the coach may contact the IASP office by emailing Chris Hammer at chammer@iasp.org before the schedule has been posted. IASP will try to accommodate the school's request when scheduling, and will accommodate multiple requests based on a first come, first served basis.
- 8. A coach/adult designee must accompany each team to the competition site. It is the responsibility of that person to check the squad in at the registration table upon arrival.
- 9. IASP requires that a Physical Sign-Off Form, NFHS Rules Update Verification Form and a Copyright Compliance Form be signed by the school principal, athletic director and cheer coach stating that all registered team members have a current IHSAA Physical form on file at the school, at least 1 coach from the roster has viewed the NFHS Rules Update Video and any music that is part of your routine was obtained legally when considering copyright law. Please be advised, due to liability issues, coaches will NOT be allowed to bring this Sign-Off Form to the contest site, rather it must be on file in the IASP office prior to the competition.



1. Junior High, Junior Varsity, Varsity, Coed Team Events

- Junior High Division (grade 8 or lower): Junior High teams will compete one time for awards. Teams are divided into two divisions: Small (12 or fewer members) or Large (13+ members).
- Junior Varsity Division (grade 12 or lower): Teams will compete one time for awards. All Junior Varsity teams will compete in one division, regardless of school enrollment or team make-up (all-girl vs coed).
- Varsity Division (grade 12 or lower): There are five varsity cheer divisions: Varsity A (1,801+ students), Varsity B (901 1,800 students), Varsity C (501 900 students), Varsity D (up to 500 students), and Varsity Coed (regardless of size of school). Varsity Teams will compete in a Preliminary competition with the top 60% of the *performing* teams advancing to the State Finals. If a team does not show up at the contest, that could affect the number of teams that advance to the State Finals per the 60% rule.
- If fewer than three squads are entered in any division, the competition director may choose to combine divisions in order to maintain a competitive balance.

2. Time-Out Division Team Event:

This division is intended to recognize teams who are excelling at, and improving their skills in, leading and communicating with a crowd. Teams will have 1 minute 15 seconds to lead cheers, chants, or traditional crowd oriented material in an environment comparable to a basketball game time-out. No music or recordings will be allowed. Junior High teams will compete one time for awards and High School teams will compete in a prelims/finals format with the prelims being contested virtually.

3. Partner Stunt Groups (Maximum of 5 Individuals) Competition:

Any high school group of five or fewer participants may compete, with no limit to the number of groups from each school. Cheerleaders may only compete with one Partner Stunt Group. Routines will be submitted electronically, and need to be emailed to individual.psg.entries@gmail.com. Placement awards will be determined from the submitted videos. Music is required. Words may be used. Total performance time may not exceed one minute (1:00). **See additional rules below.

4. All-State Individual Competition:

The All-State Team will be chosen from routines submitted electronically. Videos need to be emailed to individual.psg.entries@gmail.com. The All-State Individual competition will be limited to members of the current school year's graduating class who will be participating in this year's Indiana Cheer Championship, but there is no limit to the number of seniors who may compete from each school. Total performance time may not exceed one minute (1:00). Music is not required, but if used may not exceed 30 seconds (:30) of the performance. A verbal cheer portion is required. Proper use of props is allowed. A judging team will designate the top 12 scoring entries as the All-State Cheer team. Each All-State Team member will be awarded a \$250 scholarship and an All-State Team patch. Each of the 12 team members will be invited to participate in an exhibition performance prior to the State Finals awards ceremony. All Individual Applicants are asked to submit a picture of themselves in uniform (posed or action is acceptable) to be used in the program in the event that they are selected to the All-State Team. **See additional rules below.

5. Academic All-State Individual Competition:

Senior cheerleaders who competed in a team event in the past fall's Indiana Cheer Championship are eligible to apply to be part of the Academic All-State Team. Application forms will be sent to all competing high school coaches in January. There is NO COST to apply, and no limit to the number of seniors who may apply from each participating school. The top 12 cheerleaders will be selected to the Academic All-State team. The top scoring individual will receive a \$1,000 scholarship and all other members of the team will receive a \$100 scholarship.

^{**} PLEASE PROVIDE INTRODUCTION OF THE GROUP OR INDIVIDUAL PRIOR TO BEGINNING THE ROUTINE. This can be as brief as "This is the <school> Stunt Group Team (specify if more than one from your school)". The intro should be done from the opening positions for the routine, and must proceed straight into the routine without stopping the recording. Submissions must be of a continuous one minute (1:00) routine (NOT a longer routine edited to fit the time restraints). Edited submissions will not be judged. The one minute (1:00) time limit does not start until the routine begins. All stated contest and NFHS rules apply. Teams may perform their routine as many times as desired to achieve their best effort, however, only one submission per team will be accepted for judging. Please remember to send a recording with clear audio and visual quality. Partner Stunt Group participants and All-State Individual competitors must also be members of a squad participating in a team event.









CONTEST PROCEDURES:

- 1. Nine 6' x 42' mats will compose the competition floor (54' x 42'). A squad may use the entire area although it is not required to use all mats.
- 2. Each team will be assigned a time in a warm-up area. The warm-up area will be supervised, but no judging will take place there. Warm-up personnel are not judges, but their direction as contest staff should be respected as it would be from any other IASP event staff.
- 3. Total performance time:
 - Junior High, Junior Varsity, Varsity, Coed Team Events Total performance time shall not exceed two minutes and thirty seconds (2:30). Music may be used but is not required. If used, music may not exceed one minute and forty-five seconds (1:45) of the routine. A verbal cheer portion is required; the routine may not consist entirely of music.
 - Time-Out Team Event Total performance time shall not exceed 1 minute and 15 seconds (1:15); this includes entry and exit. No music or recordings will be allowed. Time starts and ends with a buzzer sound and all performers and equipment must be off of the mat when the final buzzer sounds. Teams are NOT permitted to set equipment anywhere on the mat or adjacent gym floor prior to the initial buzzer. All equipment must remain in the performer's hands prior to the initial buzzer. You may enter and exit the mat from any point. You are also permitted to leave the mat during your routine, as long as you do not stunt or tumble while off the mat and you remain in close proximity to the mat (ex. You are not permitted to go into the stands during your routine to engage with the crowd.).
 - All-Girl Partner Stunt Group Total performance time shall not exceed one minute (1:00). Music is required. Words may be used.
 - All-State Individual Competition Total performance time shall not exceed one minute (1:00). Music is not required.
- 4. Pre-performance announcements for all traditional divisions will follow the same three-step process:
 - Before each performance, the announcer will name the groups "In The Hole", "On Deck", and "Up Next". When a team is announced "Next To Perform", they should move to stand beside the performance floor (either side or back entrance).
 - The announcer will say "X Team, You may take the floor." The team may then move onto the mats, pre-set any props, and get into position to begin their performance.
 - The Announcer will say "X Team, You may begin when ready." Timing begins with the first movement or sound, and ends with a wave or signal to the judges.
- 5. Pre-performance announcements for the time-out divisions will follow the same three-step process:
 - For the High School Division State Finals, the team will move to the mat while the school's fight song is played. Teams may not enter the performance area until the performance time begins. No props, signs, poms, etc will be permitted to be pre-set.
 - At the conclusion of the school's fight song, before each performance, the announcer will name the groups "In The Hole" and "On Deck".
 - The announcer will then say "Our next time-out will be led by _____!"
 - A buzzer will indicate the start of the time limit.
 - A warning sound will be given when 15 seconds (:15) are left in the performance time.
 - A buzzer will end the performance time. All cheerleaders and props must be off the perfomance floor by the final buzzer.
- 6. Any repeat, recovery, or restarting of time is permitted ONLY with permission from the contest director. The squad may be assessed an overtime penalty if the time limit is exceeded.
- 7. Poms, megaphones, signs, and flags are the only props allowed.
- 8. Qualified judges covering a wide range of cheering styles will be selected. Judges will use the competition score sheets available on the Indiana Cheer Championship website. *The decision of the judges is final.*









| 1. Schools must be a member of the Department of Student Programs (DSP) to participate. Membership covers all IASP Department of Student Programs activities. Membership Forms can be completed online at www.iasp.org. |
|---|
| 2. Mail the entry form to meet the entry deadline. The entry form must be received, not postmarked, by the entry deadline. The entry form may also be scanned and emailed, by the deadline, to Chris Hammer at chammer@iasp.org. Payment does NOT need to accompany your registration in order for you to compete, but we can accept a purchase order number if you wish to submit payment at a later date. Do not hold up sending your registration for a check. |
| 3. Complete the enclosed Physical Sign-Off, NFHS Spirit Rules Update and Copyright Compliance Form and have your principal and athletic director sign in the appropriate place indicating that a current IHSAA Physical Form is on file at the school office for each team member registered, at least 1 coach on the roster has viewed the rules update video, and that you have purchased the rights to your music and are compliant with all copyright laws. For liability purposes, this form must be on file in the DSP office by the entry deadline. Please keep a copy of this form, as well as any receipts you have from your purchase |
| 4. Make sure you have a copy of the 2023-2024 National Federation Spirit Rules Book and refer to it often. Rules Books are provided to coaches of each school attending the Hoosier Cheer Coaches Association conference. Additional books may be available after the conference. Contact Chris Hammer at chammer@iasp.org to inquire about availability. |
| 5. Review all contest rules and regulations contained in this form. |
| 6. Each coach will submit a team roster through a link to be posted on our website. A complete roster must be submitted in order for your team to compete as this will be used for the competition check-in procedure. |
| 7. Any questions about the legality of routines may be submitted by email to Chris Hammer at chammer@iasp.org ONLY. If questions are inquiring about the legal execution of a skill within a team's routine, coaches must attach a video clip to illustrate their question. The skills in the video must be performed by the team whose coach is submitting the question (not of another group via YouTube, etc). The question will be submitted to the contest's Lead Rules Interpreter, who will send comments back to the IASP office which will then be forwarded on to the coach. If a file is too large to send via email, you may upload it to YouTube and send a link, but it has to be of your team. |







| Name of School: | | C | County: | |
|---|---|----------------|----------------------------------|-------|
| School Address: | | | | |
| (street) | | (city) | | (zip) |
| School Phone: () | | | | |
| Principal : | | | | |
| (printed name) | | | (signature) | |
| Entry Deadline: All entries must be received by Sunday, Septem Participating schools must be paid member of Department of St All entries from the same school may be included on the same s Entries may be mailed or scanned/emailed (with school purchase Please allow ample time for mail delivery. Make check payable to | udent Programs. chool check or purchase ose order). Late entries may | be asse | | |
| Mail Entry Form, Check and/or P.O. to: | IASP, Dept. of Stud | lent P | rograms | |
| • | 11025 East 25th St | | C | |
| | Indianapolis, IN 4 | 6229 | | |
| division. Ex: Your school is combining the Freshman and Junior Junior High Small Division (12 or fewer r Junior High Large Division (13 or more n | nembers) | \$125 \$125 | speting in the Junio \$ \$ | - |
| Junior High Time-Out Division Only | | \$125 | \$ | |
| Junior High Time-Out Division (in add | ition to a small/large team) | \$75 | \$ | _ |
| Junior Varsity Team | | \$125 | \$ | - |
| Varsity A Team (1,801+ students) | | \$175 | \$ | _ |
| Varsity B Team (901 – 1800 students) | | \$175 | \$ | _ |
| Varsity C Team (501 – 900 students) | | \$175 | \$ | _ |
| Varsity D Team (up to 500 students) | | \$175 | \$ | _ |
| Coed Team (regardless of school size) | | \$175 | \$ | _ |
| High School Time-Out Division (small | - up to 900 students) | \$125 | \$ | _ |
| High School Time-Out Division (large | 901+ students) | \$125 | \$ | = |
| All-State Individual# ent *Refer to page 3 of this information packet for requireme | ering X \$25 Each | ı = | \$ | _ |
| Partner Stunt Group# ent- *Refer to page 3 of this information packet for requireme | ering X \$50 Each | 1 = | \$ | _ |

PLEASE NOTE: No refunds will be issued for no-shows/cancellations received after October 1st. Cancellations received September 11th through October 1st will be invoiced 50% of entry fee. Cancellations must be received in writing.







In the case of emergency, we need to be able to contact you immediately. Please provide cell phone numbers and cell phone providers for your ENTIRE STAFF, so if needed, we can send a mass text, alerting everyone of the situation.

(This information will only be used in the event of an emergency)

| Division (Circle One): JH Small / JH Large | e / JH Time-Out / Jr. Var / Var A | / Var B / Var C / Var D / Var Coed / HS Time-Out |
|--|-----------------------------------|--|
| Head Coach Name: | Email: | |
| Head Coach Home Address: | | City, Zip Code: |
| Home Phone (w/Area Code): | Cell Phone #: | Provider (Sprint, Verizon, etc): |
| Division (Circle One): JH Small / JH Large | e / JH Time-Out / Jr. Var / Var A | / Var B / Var C / Var D / Var Coed / HS Time-Out |
| Asst. Coach Name: | Email | : |
| Asst. Coach Home Address: | | City, Zip Code: |
| Home Phone (w/Area Code): | Cell Phone #: | Provider (Sprint, Verizon, etc): |
| Division (Circle One): JH Small / JH Large | e / JH Time-Out / Jr. Var / Var A | / Var B / Var C / Var D / Var Coed / HS Time-Out |
| Asst. Coach Name: | Email | : |
| Asst. Coach Home Address: | | City, Zip Code: |
| Home Phone (w/Area Code): | Cell Phone #: | Provider (Sprint, Verizon, etc): |
| Division (Circle One): JH Small / JH Large | e / JH Time-Out / Jr. Var / Var A | / Var B / Var C / Var D / Var Coed / HS Time-Out |
| Asst. Coach Name: | Email | : |
| Asst. Coach Home Address: | | City, Zip Code: |
| Home Phone (w/Area Code): | Cell Phone #: | Provider (Sprint, Verizon, etc): |
| Division (Circle One): JH Small / JH Large | e / JH Time-Out / Jr. Var / Var A | / Var B / Var C / Var D / Var Coed / HS Time-Out |
| Asst. Coach Name: | Email | : |
| Asst. Coach Home Address: | | City, Zip Code: |
| Home Phone (w/Area Code): | Cell Phone #: | Provider (Sprint, Verizon, etc): |
| Division (Circle One): JH Small / JH Large | e / JH Time-Out / Jr. Var / Var A | / Var B / Var C / Var D / Var Coed / HS Time-Out |
| Asst. Coach Name: | Email | : |
| Asst. Coach Home Address: | | City, Zip Code: |
| Home Phone (w/Area Code): | Cell Phone #: | Provider (Sprint, Verizon, etc): |
| Division (Circle One): JH Small / JH Large | e / JH Time-Out / Jr. Var / Var A | / Var B / Var C / Var D / Var Coed / HS Time-Out |
| Asst. Coach Name: | Email | : |
| Asst. Coach Home Address: | | City, Zip Code: |
| Home Phone (w/Area Code): | Cell Phone #: | Provider (Sprint, Verizon, etc): |







| Partner Stunt Group School Name: | | A | ll-Girl | Coed |
|--|--|------------------------|---------|------|
| 1 | 3 | | | |
| 2 | 4 | | | |
| Partner Stunt Group School Name: | | A | ll-Girl | Coed |
| 1 | 3 | | | |
| 2 | 4 | | | |
| Individual(s) entered for All-State Individual Tea | m: (Please provide all information for eac | h individual entrant.) | | |
| Name: | Email Address: | | | |
| Mailing Address: | · | | _ | |
| Name: | | | | |
| Mailing Address: | | | | |
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| Name: | | | | |
| Mailing Address: | | | | |
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2023 INDIANA CHEER CHAMPIONSHIP MUSIC COPYRIGHT COMPLIANCE

All copyright permissions must be properly and completely obtained by the individual or group that is responsible for creating the routine music for a team. All recordings mixed together in cheer routines should be properly licensed and written confirmation of such licenses should be provided to the Indiana Cheer Championship.

You may use recordings that are purchased from vendors that comply with US Copyright laws or create/commission original works for your team (i.e. an original song and recording to which you own or license the rights by written agreement). Under US Copyright law, no teams are permitted to create a re-mix, mash-up or medley without proper written authorization from the copyright owners.

US Copyright laws apply any time music is not being used for personal use. Purchasing a legal copy of a song (iTunes, CD, Amazon download, etc.) only grants the user private, personal use of the music. If you purchase a recording, that alone does not give you the right to make additional copies or mix the recording with other recordings for any other purpose--including use at school functions or other public performances. Personal use gives you the right to listen to the song, but does not give you any other rights in the bundle of rights to that piece of music, which is why the music should not be copied, modified or used in a public place without additional consent.

However, if teams wish to use only a single song in their routine, they may bring a legally purchased copy of that recording to be used at the event. Teams may not re-mix these recordings in any way (such as adding sound effects, changing tempo or mixing with any other recordings), but you may make minor edits for timing purposes only (i.e. removing a chorus or bridge to fit the duration of the music time limit).

Remember:

- Do not use mash-ups, either created by you or sold by music providers using music without proper licensing.
- Do not download songs from sites that do not have properly licensed music.
- Do not copy or distribute to others a recording you have legally purchased.
- Licenses/Permissions must be received in writing (or email) and must be provided to you by all copyright owners.
- If you request a license and you get no response, this does NOT mean that you have permission to use the music.

Coaches are responsible for ensuring that the music used by their teams for any public performance and all competitions follows the above guidelines.

Guidelines for Music Providers:

- When recordings and compositions are completely original:
 - 1. All elements in the recordings, including instrumentation and vocal performances, are owned or controlled by the music provider. If any elements are not owned or controlled by the music provider, the music provider must obtain the appropriate licenses from the applicable copyright owners to edit, re-arrange or otherwise alter such works to create a new work for your team.
 - 2. If teams want to create their own re-mix or otherwise edit any music purchased from a provider of original music, their license agreement with such providers of original music must also specifically include this right to edit, re-arrange or otherwise alter works.
- When recordings are cover recordings of popular music:
 - 1. Guidelines provide that cover recordings of popular music may be used in re-mixes only if the purchase/license of the cover recording includes an explicit right to alter the cover recordings and create new works from these cover recording elements.
- Unlicensed samples may not be used in routine music.
 - 1. No unauthorized third party recordings may be used in any way in the new recordings without a proper license. "Sampling" a series of words or beats from any recording is not permitted unless an appropriate written sampling license was obtained.
- Music providers should allow each team to make up to 40 copies of the recordings.
 - 1. A mechanical license fee may need to be paid to reproduce copyrighted musical compositions on CDs, records, downloads, etc. If the music provider does not own or control the underlying musical composition, they will need to obtain a mechanical license to make copies of each recording. The music provider is responsible for obtaining the mechanical license and paying any royalties for each copy made--this includes the copy provided upon your initial purchase of the recording, any subsequent recordings in which they are incorporated, and any additional copies that will be distributed to the team.







NOTE: This form must be completed and returned to the IASP/DSP office by September 10, 2023. Failure to do so will prohibit team participation in the competition! Please print all information. THIS FORM WILL NOT BE ACCEPTED AT COMPETITION SITES.

| School | | | | |
|---|--|--|---|--|
| School Address _ | ool Address School City | | | |
| | ool for all of the cheer t | certify that cu team members | | l Forms are on file at the above er coach has registered, who will ent in 2023. |
| | school personnel certii | fy that at least | | -Off n's roster viewed the 2023-24 NFHS 2023 Indiana Cheer Championship. |
| Select one: Our vi | deo was obtained through _ | an HCCA Co | onference Registration or | Direct Order through the IASP website. |
| | Coj | pyright Co | mpliance Sign-C | Off |
| I, | , ve | rify that all co | pyright permissions w | vere properly and completely obtained |
| by | ic Mixer's Name | rior to produc | tion of the 2023 India | na Cheer Championship routine |
| music for the $\frac{1}{CO}$ | division t | eam from | School's | Name |
| | ns can be verified by ce | | | |
| to keep my certif By signing this fo signing of this fo | fication documents on a orm, I confirm that the orm releases the Indiana e physical health, coach | file for a minimination a information a a Association of | num of THREE (3) ye bove is complete and of School Principals o | of School Principals, and I will need ears. accurate. I also acknowledge that my f any liability pertaining to, but not the use of copywritten music in the |
| Principal | | | | Date |
| | Printed | | Signature | |
| Ath. Dir | Printed | / | Signature | Date |
| Coach | | | | Date |
| | Printed | | Signature | |

Entry Form Part D